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A Late Antique Vegetation History of the Western Mediterranean in Context

José Antonio López-Sáez, Sebastián Pérez-Díaz, Didier Galop, Francisca Alba-Sánchez
and Daniel Abel-Schaad

Abstract

Fossil pollen records from 70 sites with reliable chronologies and high-resolution data in the western Mediterranean, were synthesised to document Late Holocene vegetation and climate change. The key elements of vegetation dynamics and landscape construction during Late Antiquity are clear in the light of the fossil pollen records. These are: fire events (natural or anthropogenically induced); grazing activities in high-mountain areas; agriculture; arboriculture; and human settlement in the lowlands. In terms of anthropogenic pressure, the differences recorded between highlands and lowlands suggest an imbalance in land use. Such practices were related to three main types of activities: wood exploitation and management, cultivation, and pastoralism. In lowland areas there seems to be some synchronism in vegetation dynamics during the late antique period, since most of the territories of the western Mediterranean had been deforested by the Early Roman period. However, in mountainous regions, pollen records document a clear asynchrony.

Introduction

Knowledge of the impact of climate change on social vicissitudes, and associated human responses, can provide an historical reference point for dealing with current and future global climate change. The impact of climate change is the result of interactions among a variety of factors in both natural and social systems, and at multiple spatial and temporal scales.¹ During recent decades, the western Mediterranean region has aroused great interest in the study of Late Quaternary landscapes, as this region is very sensitive to climate change. It has also witnessed strong human influence, through polyculture, intensive grazing and deliberate use of fire, for millennia. Fossil pollen data from lakes and peat bog deposits have been frequently used in vegetation and climate reconstructions, as they tend to reflect vegetation and climate changes at a regional scale. In this sense, reconstruction of past vegetation has become important in order to understand environmental and land use changes. This

article will thus review the existing environmental evidence for the western Mediterranean from 300 BC to AD 1000, and will compare it with relevant archaeological and historical data.

The western Mediterranean is an enormously complex territory from an orographic, biogeographical and historical point of view, and it is therefore extremely difficult to present a detailed synthesis without taking into account the uniqueness of each of the concerned territories. Therefore, in this article, we have decided to consider certain geographical areas separately, and ultimately discern possible asynchronism or synchronism between vegetation evolution and anthropic dynamics.² Through land-use change, human activity could have brought about synchronous or asynchronous changes in vegetation composition, depending on the particularities and possibilities of exploitation of each territory.

However, available pollen records from the western Mediterranean have been primarily focused on the Pleistocene-Holocene transition, or on the potential impact of Prehistoric communities, or rapid climate changes, on the environment during the Mid Holocene.³ In contrast, high-resolution and continuous pollen series, which extend over the last two millennia, are limited. In this review, we used 70 fossil pollen records from the western Mediterranean (fig. 1). Our review and synthesis differ from earlier published reviews,⁴ as we applied a uniform set of site-selection criteria, and mostly used recent pollen data. The objectives of this paper will be to assess regional vegetation patterns by synthesising fossil pollen records, and to evaluate and understand vegetation response to climate change and/or human impact.

¹ Gil-Romera *et al.* (2010); Dearing *et al.* (2015).

² De Beaulieu *et al.* (2005); Giesecke *et al.* (2011); Luterbacher *et al.* (2012).

³ Carrión *et al.* (2010); Carrión *et al.* (2012); Fletcher and Zielhofer (2013); Carrión *et al.* (2015).

⁴ Hernández-Beloqui (2011); Hernández-Beloqui *et al.* (2015). The synthetic nature of this review means that only the most useful and relevant pollen data will be shown and discussed, so some collected types will be omitted.

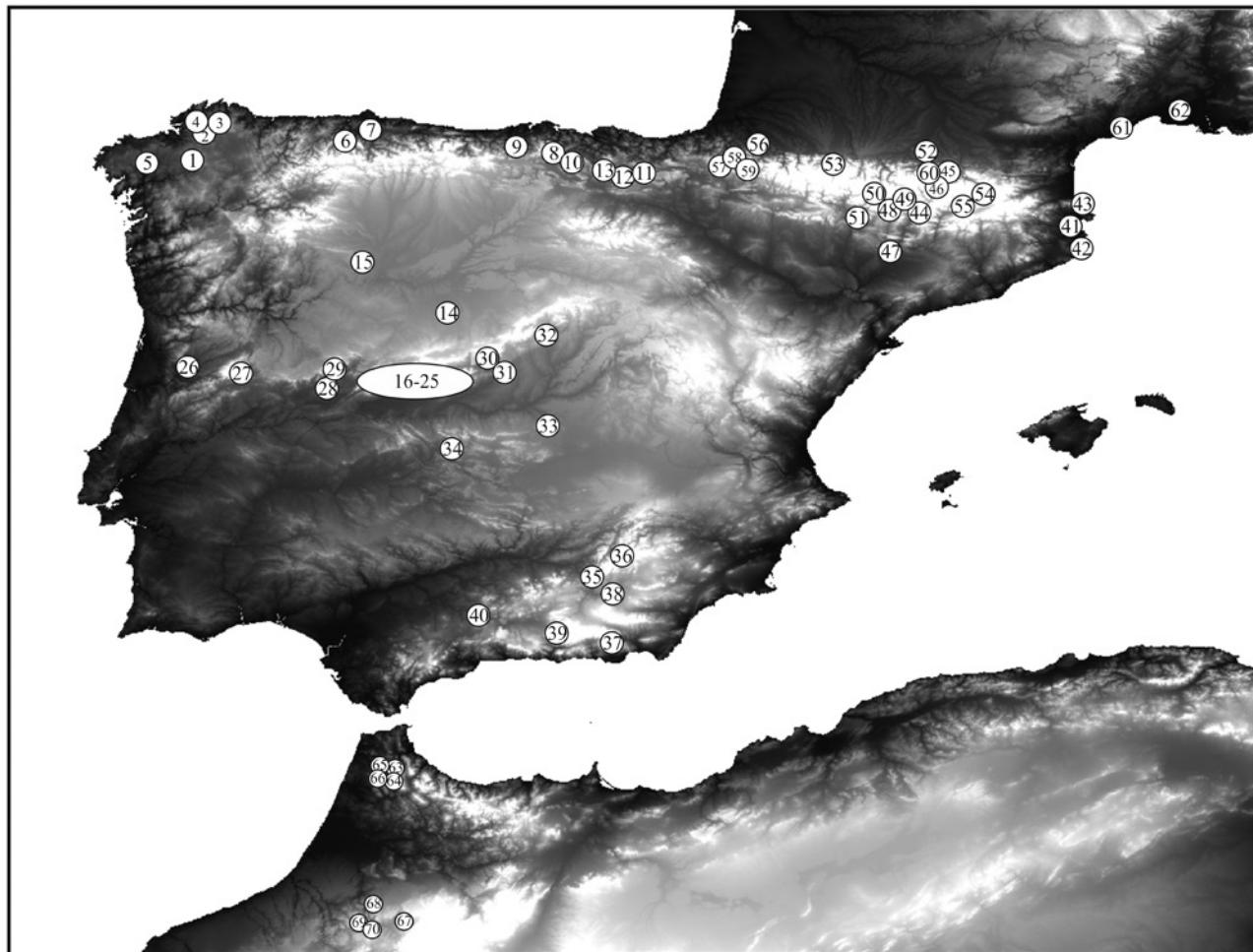


FIGURE 1 Pollen records mentioned in the text: 1, Cruz do Bocelo; 2, Pena da Cadeia; 3, Borralleiras da Cal Grande; 4, Penido Vello; 5, Braña Rubia; 6, Alto de la Espina; 7, Monte Areo; 8, Sotombo; 9, Culazón; 10, Zalama; 11, Fuente del Vaquero; 12, Randulanda; 13, Arreo; 14, Almenara de Adaja; 15, Villafáfila; 16, Lanzahíta; 17, Serranillos; 18, Pozo de la Nieve; 19, Redondo; 20, Tiemblo; 21, Ojos Albos; 22, Peña Negra; 23, Fuente de la Leche; 24, Fuente del Pino Blanco; 25, Labradillos; 26, Charco da Candieira; 27, El Payo; 28, Maíllo; 29, La Meseguera; 30, Rascafría; 31, Peñalara; 32, Somolinos; 33, Tablas de Daimiel; 34, Patateros; 35, Siles; 36, Ojos de Villaverde; 37, Gádor; 38, Cañada de la Cruz; 39, Borreguil de la Caldera; 40, Zóñar; 41, Castelló; 42, Sobrestany; 43, Portlligat; 44, Montcortès; 45, Pla de Soulcem; 46, Pla de Labinas; 47, Estanya; 48, Prats de Vila; 49, Estanilles; 50, Redon; 51, Basa de la Mora; 52, Péllissé; 53, Col d'Ech; 54, Pla de l'Orri; 55, Pradell; 56, Gabarn; 57, Quinto Real; 58, Sourzay; 59, Artxilondo; 60, Orri de Théo; 61, Palavas; 62, La Calade; 63, Fifi; 64, Aanasser; 65, Maison Forestière; 66, Dayet M'Had; 67, Sidi Ali; 68, Tifounassine; 69, Taguelmam n'Harcha; 70, Tigalmamine.

Methodological Considerations

The geographical area considered in this review covers the Iberian Peninsula (Spain and Portugal), south-western and south-eastern France, and north-western Africa (Morocco). Abundant pollen records of various time spans and data quality are available for this area, however, many records tend to have low temporal resolution and can be discontinuous. In this study, we selected pollen sites based on three criteria: (i) a reliable chronology with a minimum of three dating control points over the last 2,300 years; (ii) high sampling resolution with a minimum of 50 years per sample; and (iii) a continuous record covering most of the Late Holocene

without a documented depositional hiatus. A total of 70 lake and peat sites are included as they fulfill these criteria. There are no satisfactory records for south-western Iberia and south-western France, and for the northern and southern Iberian plateaus there are only a few records. Therefore, we have included two sequences with a lower resolution when we discuss the general vegetation and climate history. Pollen data were obtained from the original authors or digitised from pollen diagrams in published material.

Radiocarbon dating was the geochronological technique used for all pollen records in this synthesis. All dates for the reviewed sequences have been calibrated or recalibrated to calendar years BC (before Christ)

or AD (*anno Domini*), using the latest IntCal13 calibration dataset.⁵ An age-depth model was produced for each site using Clam 2.2 software. The best fit was obtained by applying a smoothing spline to the available radiocarbon dates. The confidence intervals of the calibrations and the age-depth models were calculated at 95% (2σ), with 1,000 iterations. Pollen percentages were calculated from the count data, and were based on the sum of all terrestrial pollen excluding aquatic taxa, spores and non-pollen palynomorphs.

For discursive convenience, we organised the sites into seven geographical areas, as described below. We present and discuss 13 summary pollen diagrams, that are representative of the vegetation changes in these regions of different vegetation types.

Northern Iberia

Galician Mountains (sites 1–5)

In the north-western part of the Iberian Peninsula, several pollen records of peaty deposits (Cruz do Bocelo, Pena da Cadeira, Borralleiras da Cal Grande, Penido Vello and Braña Rubia⁶), on the Galician Mountains (600–900 masl), show the development of mesophilous forests (*Alnus*, *Corylus*, deciduous *Quercus*) during the Iron Age. However, evidence of human impact is detected *ca.* 350–270 BC by the increase of coprophilous fungi and nitrophilous taxa, indicative of animal husbandry.

The most dramatic environmental change occurred at the transition from the Iron Age to the Roman period *ca.* 200 BC, when mesophilous forest suffers a large decline in favour of grasslands, while coprophilous fungi and nitrophilous taxa strongly increase. Although the forest recovers *ca.* 170 BC, thereafter, deforestation was more or less continuous from Roman times until AD 1300. This was characterised by two major phases of forest clearance: the first one during the Roman period (*ca.* 160 BC–AD 200); and the second during the Germanic era (*ca.* AD 450–700). Both phases are synchronous with grassland expansion, an increase in agricultural and tree crops (*Castanea*, *Olea*), and livestock activity.

Cantabrian Range (sites 6–9)

Four high-resolution pollen records are available in this region. In the lowlands, the pollen sequences of Monte Areo (200 masl), Culazón (582 masl) and Alto

de la Espina-La Molina (650 masl)⁷ peat bogs, show the permanence of dense deciduous forests (*Quercus robur* type, *Corylus*, *Betula*, *Alnus*) and heathlands (*Erica*) during the Late Iron Age (fig. 2–top). At higher altitudes, the Sotombo pollen record (1290 masl)⁸ shows a similar situation, namely dominant mixed forests of hazel, oak and beech, heaths and grasslands, below a belt likely consisting of high-mountain pine forests (*Pinus sylvestris* type). Coprophilous fungi and *Cerealia* are attested at this time in Sotombo, suggesting transhumant-grazing activities (fig. 2–bottom).

During the Early Roman period (*ca.* 20 BC–AD 240), deciduous *Quercus* and *Corylus* are still the most abundant trees in the lowlands, although cultivated ones such as *Castanea sativa*, *Olea europaea* and *Juglans regia* show a more regular presence. In the highlands, forests remain stable, except for some development of heathlands and the expansion of beech to the detriment of hazel in Sotombo. This period documents a very significant change, characterised by high values of hydro-hydrophytes (Cyperaceae, *Myriophyllum*, Potamogetonaceae, *Typha*) in the Alto de la Espina record (fig. 2–top), suggesting an important rise in the water-table level from *ca.* AD 20, likely related to its Roman use as a water-deposit associated with mining activities. This is followed by several phases of a drawdown *ca.* AD 150 and 200 (probably drainage). Additionally, agricultural practices close to the wetland, as the high values of cereals suggest, could be related to the mining period during the early Roman empire.

During the Late Roman period (*ca.* AD 240–450) the forests remain relatively stable in the lowlands, with less cereal and olive cultivation, and an increasing pastoral pressure (high values of coprophilous fungi). In the highlands, beech becomes more important, like grasslands, while heathlands are significantly reduced. This situation remains stable during the Germanic period (*ca.* AD 450–700) in the lowlands, when permanent grazing (recurrence of coprophilous fungi) is the most prominent feature, while *Cerealia* is almost absent. In contrast, in the highlands the situation is quite different, with declining high-mountain pine and oak forests, while hazel and grassland spread, and cereals and walnuts grow again in the Sotombo pollen record.

Tree cover (*Quercus robur* type, *Corylus*, *Betula*) gradually diminishes through the Middle Ages (*ca.* AD 700–1300), whereas *Cerealia*, *Castanea* and *Juglans*

5 Blaauw (2010); Reimer *et al.* (2013).

6 Törnqvist *et al.* (1989); Muñoz-Sobrino *et al.* (2005); Mighall *et al.* (2006); Silva-Sánchez *et al.* (2014).

7 López-Merino *et al.* (2010); López-Merino *et al.* (2011); López-Sáez *et al.* (2013); González-Pellejero *et al.* (2014); López-Merino *et al.* (2014).

8 Pérez-Díaz *et al.* (2016a).

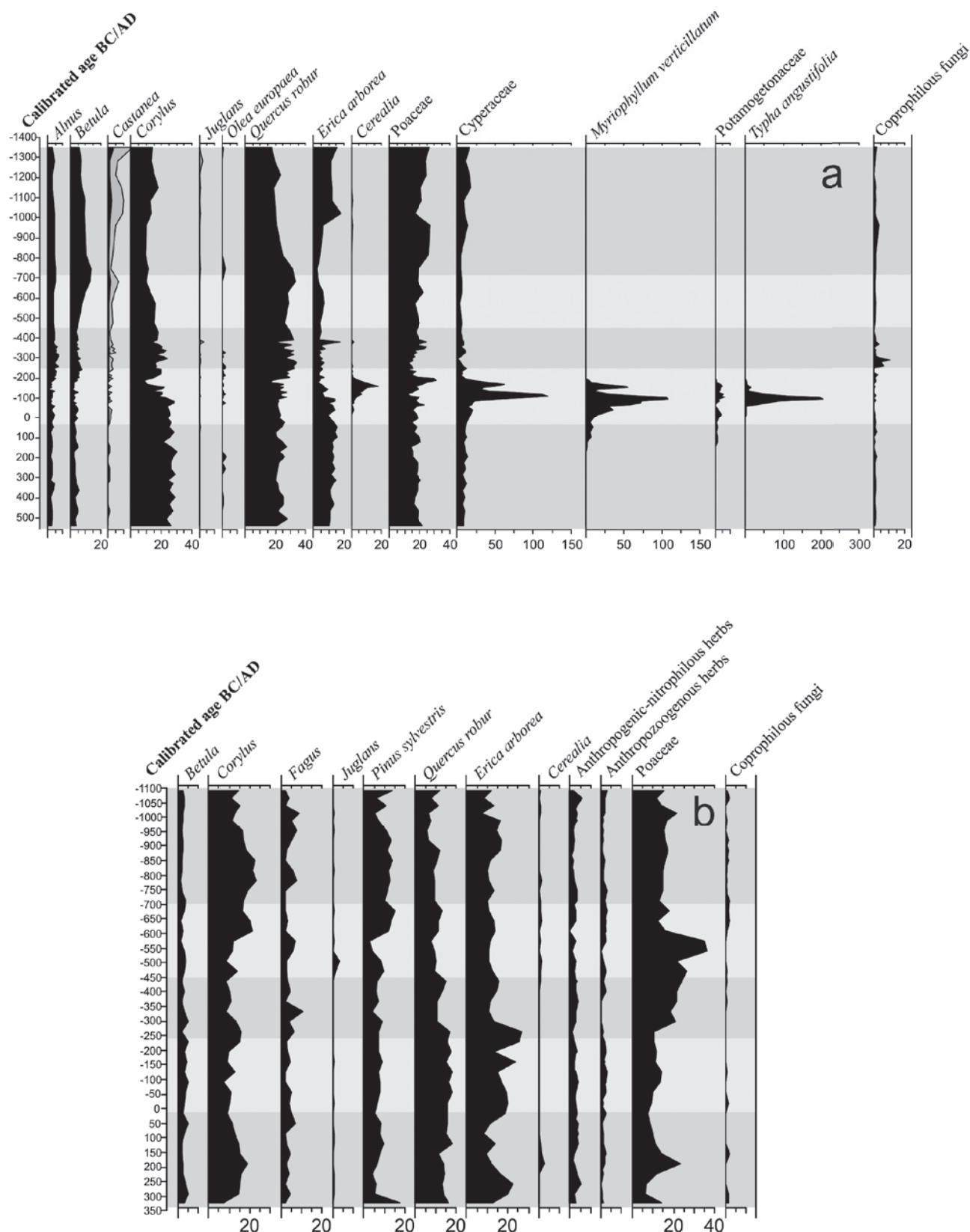


FIGURE 2 Percentage pollen diagrams of Alto de la Espina (top) and Sotombo (bottom) peat bogs for selected pollen and non-pollen palynomorph taxa. The grey bands represent the different phases described in the text.

percentages increase again, and heathlands and grasslands extend into the lowlands. *Fagus sylvatica* becomes the most important tree species in the mountainous areas of the Cantabrian Range *ca.* AD 750.

Basque Mountains (sites 10–13)

In the lowlands of the Basque Country at the end of the Roman period, the data show a landscape characterised by important fluctuations of tree cover *ca.* AD 0–450. It is essentially dominated by deciduous and evergreen oaks, beech and hazel, although evidence for anthropogenic activities is documented in the pollen records of Arreo lake (655 masl) and Randulanda peat bog (807 masl; fig. 3–top),⁹ suggesting a non-intensive exploitation of valleys and forested areas in a humid and warm context, related to the Ibero-Roman humid period (*ca.* 250 BC–AD 450). The high percentages of charcoal in the Arreo sequence indicate a high frequency of fires, most likely caused by salt exploitation of the Añana diapir in Roman times. At higher altitude, the Zalama pollen record (1330 masl)¹⁰ also documents the great abundance of forests, particularly those of deciduous *Quercus* and *Corylus*, as well as the development of heathlands and presence of *Cerealia* pollen (fig. 3–bottom).

The lowlands of this region were intensively exploited *ca.* AD 450–790, especially by agricultural and livestock activities, shown by the development of grasslands and heathlands. We also see an increase in coprophilous fungi, suggesting intensive land use during the onset of the Early Middle Ages. The end of Roman domination in this territory caused important changes, linked with the disarticulation of hierarchies. By the mid 5th c. AD, many Late Roman settlements were abandoned, while other, previously secondary, ones seem to become new centres. At the same time, previously untouched, marginal areas are now populated by new villages, understood as hierarchical centres with new power structures. All these large-scale transformations affected the way of life of villagers, which, judging from the pollen records of Randulanda (fig. 3–top) and Fuente del Vaquero (722 masl), translate to a somewhat more intensive exploitation of forest spaces.¹¹ In the Zalama sequence, this period is also characterised by an increase in pastoral pressure and the development of ferns (*Pteridium aquilinum*). In contrast, the decrease in pastures and

coprophilous fungi seen in the Arreo record during the Early Middle Ages, was probably linked to a decrease in salt production and the progressive depopulation of the area during an arid phase, related to the Early Medieval Cold Episode (AD 500–900).

During the High Middle Ages (*ca.* AD 790–1200), the forests undergo a very important regression that affects both evergreen and deciduous oaks, as well as beech and hazel, in both lowlands and highlands. All taxa related to anthropogenic activities reach their maximum value at this time, such as: *Cerealia*, the *Erica arborea* type, anthropozogenous and nitrophilous herbs, and coprophilous fungi. This period tallies with the onset of the Medieval Climate Anomaly (AD 900–1350), the most intense arid phase recorded in the pollen records, which, in the Arreo lake, is reflected by increased salinity and lower lake levels. In fact, the decreasing trend in deciduous *Quercus* and *Fagus* from the 8th c. AD in the Arreo, Fuente del Vaquero and Randulanda sequences, could be interpreted as both a progressive increase in arid conditions and a sign of increased human impact. From the 8th c. AD a dense network of medieval villages was created, in a context characterised by population growth and the expansion of cultivated areas.

Central Iberia

Northern Plateau (sites 14–15)

Pollen records from the Almenara de Adaja (784 masl) and Villafáfila (680 masl) lagoons show in great detail the vegetation dynamics during the Late Holocene, in relation to both climatic variability and anthropic activity.¹² During the Early Iron Age (*ca.* 1000–500 BC) the climate was humid, as shown by the development of hydro-hygrophytic elements (*Cyperaceae*, *Phragmites*, *Callitriches*) and non-pollen palynomorphs,¹³ indicative of eu-mesotrophic waters, under high human impact. This is evidenced by progressive degradation of evergreen oak woodlands, high values of both anthropozogenous and nitrophilous herbs as well as coprophilous fungi, and cereal cultivation (fig. 4). Later, an arid phase begins, extending until *ca.* 300 BC, with progressing xerophytic (*Artemisia*) and xerohalophytic (*Chenopodiaceae*) communities.

The period from the Late Iron Age to the end of the Roman period (*ca.* 300 BC–AD 450) shows a slight recovery of regional Scots pine forests (*Pinus sylvestris*

9 Pérez-Díaz and López-Sáez (2012); Corella *et al.* (2013); Pérez-Díaz and López-Sáez (2014).

10 Pérez-Díaz *et al.* (2016b).

11 Pérez-Díaz and López-Sáez (2014); Pérez-Díaz and López-Sáez (2015).

12 López-Merino *et al.* (2009a); López-Sáez *et al.* (2017a).

13 Hereafter referred as NPPS.

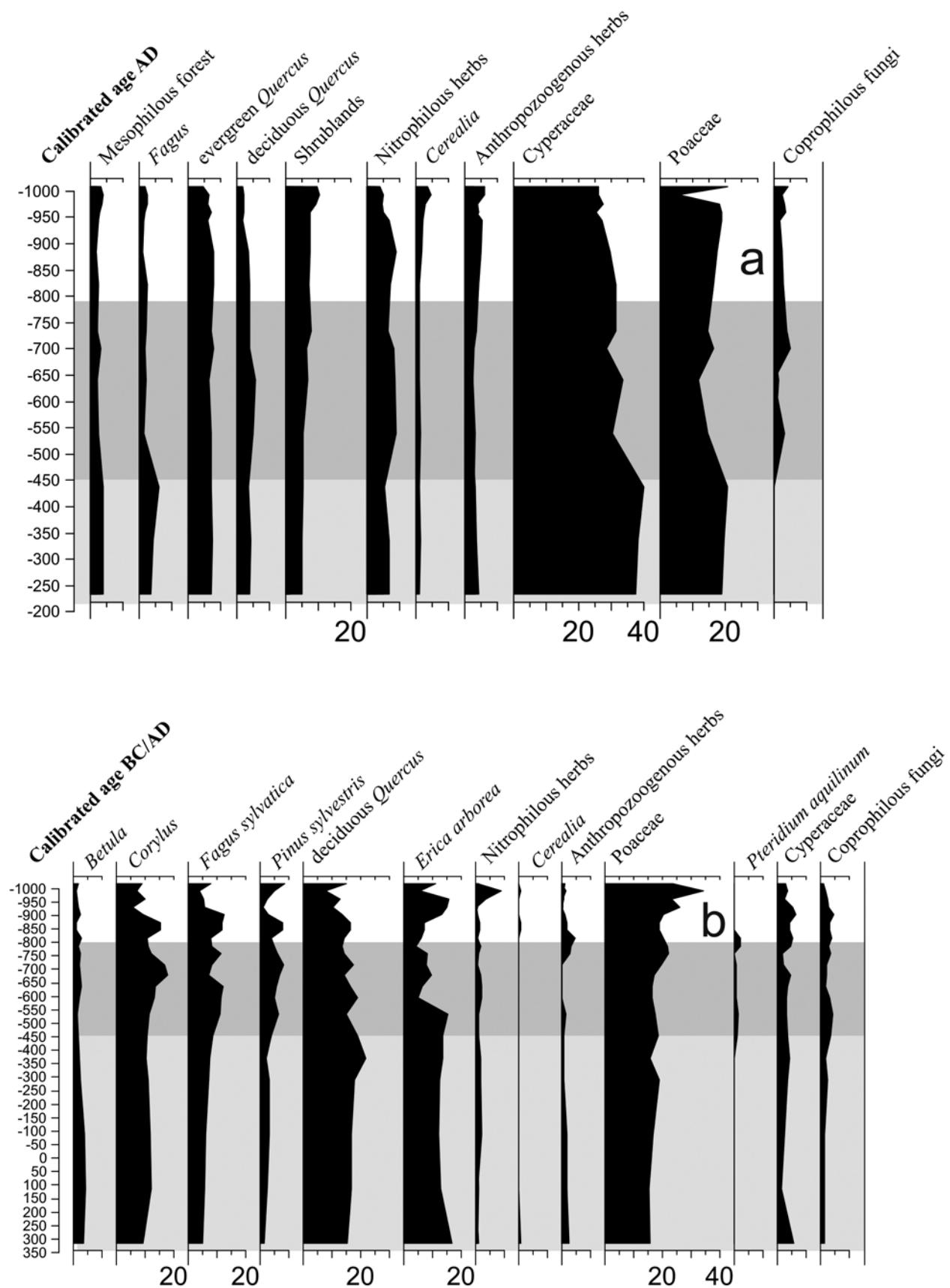


FIGURE 3 Percentage pollen diagrams of Randulanda (top) and Zalama (bottom) peat bogs for selected pollen and non-pollen palynomorph taxa. The grey bands represent the different phases described in the text.

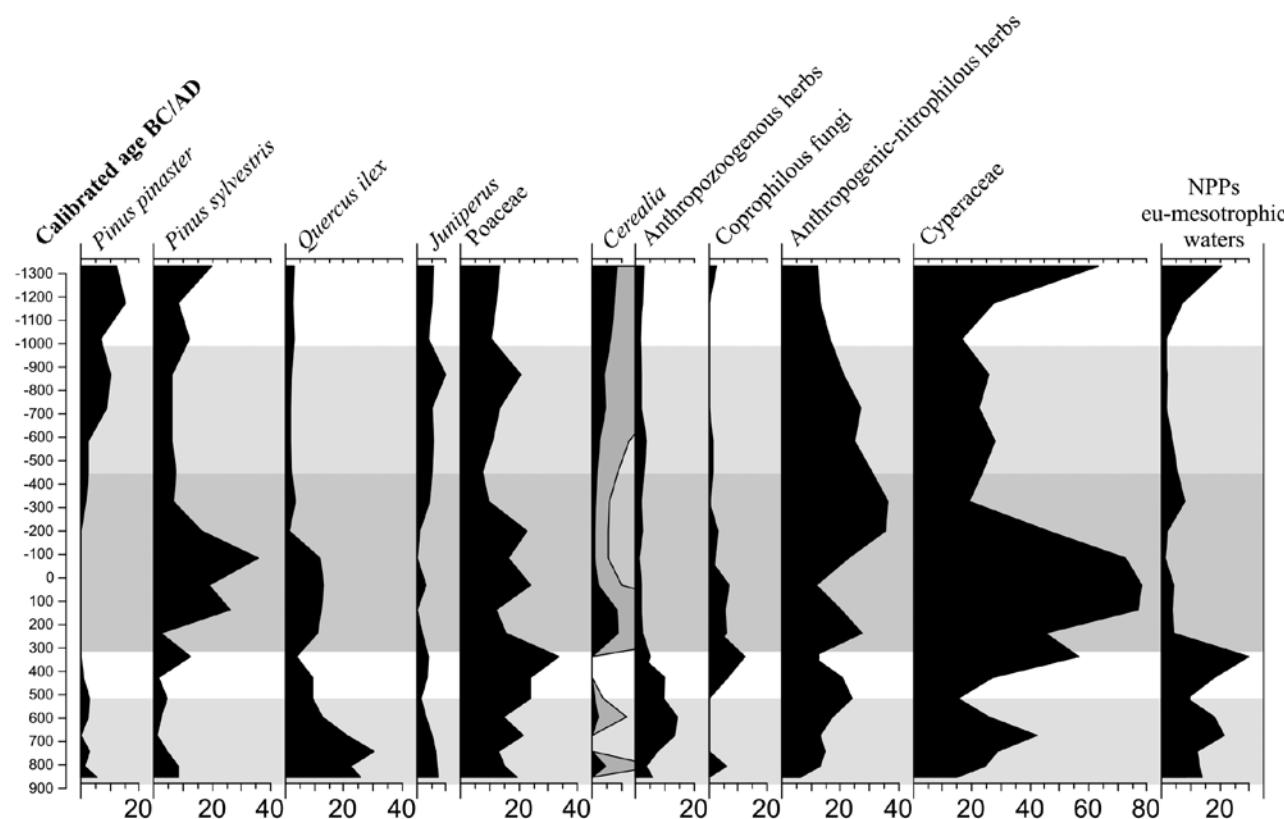


FIGURE 4 Percentage pollen diagram of Almenara de Adaja lagoon (selected pollen and non-pollen palynomorph taxa). The grey bands represent the different phases described in the text.

type) and a decrease of *Pinus pinaster*, although with a significant advance of anthropozoogenous nitrophilous herbs, and the presence of *Cerealia* pollen and coprophilous fungi at the end of the Iron Age. These findings suggest a humid climate and a temperature increase, that is the so-called Ibero-Roman humid period (*ca.* 250 BC–AD 450). This wet and warm period is confirmed in the Almenara de Adaja and Villafáfila pollen records by increasing values of *Cyperaceae*. However, the Roman period shows the progressive decline of *Quercus ilex* type percentages, suggesting woodland clearings accompanied by the spread of *Poaceae*.

Climatic conditions changed markedly with the onset of the Early Medieval Cold Episode (*ca.* AD 450/500–900/950), a period marked by lower temperatures and greater aridity. This climatic change clearly influenced the vegetation of the northern Iberian plateau in the Early Middle Ages, as evidenced by the percentage increase of *Pinus pinaster* and *Juniperus*, and the decrease of *Cyperaceae* and NPPs, indicative of eu-mesotrophic waters (fig. 4). An important change in vegetation composition occurred *ca.* AD 400, that is a rapid decline of *Quercus ilex* type and a marked rise in *Poaceae*. This likely indicates the definitive replacement of evergreen woodlands by grasslands and agricultural crops, so conforming to the current landscape of the greater part of the northern Iberian plateau.

Iberian Central System (sites 16–32)

The region of the western Mediterranean in which the most high-resolution pollen records are available is the Iberian Central System, particularly the Gredos Range in its central-western part, with ten palaeoenvironmental sequences (sites 16–25).¹⁴ Four more are available for the Francia (sites 28–29), Gata (site 27) and Estrela (site 26) ranges in the western part,¹⁵ and three others can be found for the Guadarrama (sites 30–31) and Pela (site 32) ranges in the eastern end of the Iberian Central System.¹⁶

By the time the Romans got to central Iberia, different Celtic ethnic groups inhabited the Iberian Central System *ca.* 400–50 BC. The western part was included in the Vettonia area, whereas the eastern highlands constituted the Carpetania region. In the Gredos and Gata ranges, within the Vettonian region, pollen records from

¹⁴ Blanco-González *et al.* (2009); López-Merino *et al.* (2009b); López-Sáez *et al.* (2009b); López-Sáez *et al.* (2010); Abel-Schaad and López-Sáez (2013); López-Sáez *et al.* (2014); López-Sáez *et al.* (2016a); López-Sáez *et al.* (2016b); López-Sáez *et al.* (2017b); Robles-López *et al.* (2017a); Robles-López *et al.* (2017b).

¹⁵ Van der Knaap and van Leeuwen (1995); Abel-Schaad *et al.* (2009); Morales-Molino *et al.* (2013); Abel-Schaad *et al.* (2014); Silva-Sánchez *et al.* (2016).

¹⁶ Ruiz-Zapata *et al.* (2007); Gómez-González *et al.* (2009); Currás *et al.* (2012).

low (Lanzahita, Peña Negra and El Payo: 590–1,000 masl) and mid-high-altitude (Serranillos, Redondo, Fuente de la Leche and Pozo de la Nieve: 1,380–1,800 masl) peat bogs show the presence of a well-developed pine (*Pinus sylvestris* type) or pine-birch forest in the highlands. In the lowlands, the record indicates *Pinus pinaster* (central Gredos Range), deciduous oaks-hazel (western Gredos Range), or alder-birch (Gata Range) forests (figs. 5a and 5b). Despite the dominance of forests, there is some evidence for anthropogenic activities linked to grazing and agriculture. Towards the westernmost part of the massif (Estrela Range), the Charco da Candieira record (1,400 masl) shows an area of deciduous oak woodlands and heath formations in a highly anthropised environment, with a presence of cereal pollen.

Within the Carpetanian region (Guadarrama Range), the high-altitude pollen record from Peñalara (1,940 masl) also shows a well-developed Scots pine forest in the highlands, and evergreen and deciduous oaks in the lowlands, with low percentages of anthropogenic pollen indicators. However, in the Lozoya-Paular valley (Guadarrama Range), the Rascafría sequence (1,113 masl) is indicative of a deforested landscape, with low tree cover and the proliferation of ruderal and anthropozoogenous taxa and shrublands. The easternmost pollen sequence, from Somolinos lake (Pela Range: 1,280 masl), shows the presence of a well-developed Scots pine forest, accompanied by evergreen and deciduous oaks, with a low representation of herbs and an increase in anthropogenic pollen indicators ca. 400 BC. The identification of *Cerealia* and *Secale* is evidence for economically productive activities in this area, and coprophilous fungi ascospores also indicate the presence of crops and some local grazing activities.

Pollen diagrams during the Roman period show a higher intensity of human impact in low-altitude deposits around the western-central areas of the massif, such as Maíllo peat bog on the northern slopes (1,100 masl), or Lanzahita, El Payo and Peña Negra on the southern (fig. 5-top). Arboreal pollen reaches its minimum values eastwards in Rascafría and Somolinos, pointing to pine wood deforestation, probably due to the use of timber for construction or as fuel. The high levels of *Cerealia* and *Secale* in Somolinos are also noteworthy. This is related to the existence of large urban centres and many small villages and farming communities, that are especially abundant in the eastern massif, but much rarer to the west.

In the Gredos and Estrela ranges, the landscape appears scarcely altered by human activity during the period ca. 50 BC–AD 450, apparent in high-altitude deposits, such as those from Serranillos, Charco da Candieira, Redondo or Pozo de la Nieve (fig. 5-bottom). However, at Fuente de la Leche, the progressive decline

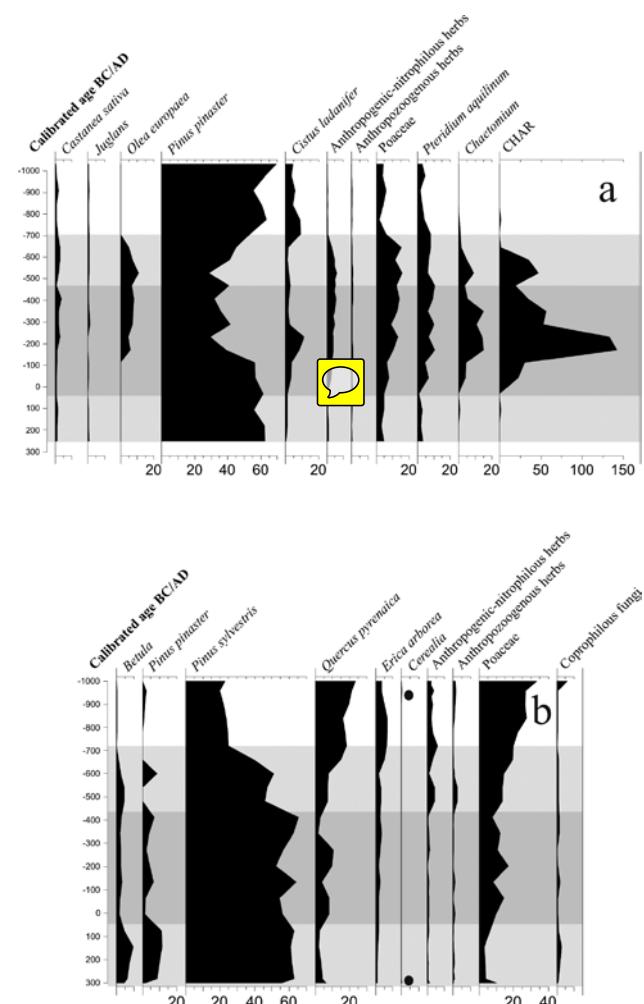


FIGURE 5 Percentage pollen diagrams of Lanzahita (top) and Pozo de la Nieve (bottom) peat bogs for selected pollen and non-pollen palynomorph taxa, and charcoal accumulation rate-CHAR. The grey bands represent the different phases described in the text.

of *Pinus sylvestris* type suggests the existence of woodland clearings, which are accompanied by an increase in coprophilous fungi and macrocharcoal maximum values. During the Roman period, the Gredos Range was only used as an access route to other regions; the area was marginal territory and sparsely populated due to its inhospitable character. Yet, the situation is completely different in the Guadarrama Range, judging by some of the high-altitude pollen records from there, such as at Peñalara, where, ca. 100 BC–AD 450 the pine forests are largely absent, and anthropogenic pollen indicators show high values. However, all the high-altitude pollen records show the above-mentioned farming intensification during the Late Roman period, resulting in broader livestock pressure and a rise in pollen percentages of different crops. *Castanea* and *Olea* curves become continuous during this time in almost all cases, with a wider appearance of sweet chestnut westwards and olive tree eastwards.

Beyond the spread of grasslands, to supply the increasing livestock density, the Iberian Central System acted as an area of transhumance through the communication network developed by the Romans, who provide the first evidence for long-distance livestock movement. The slight expansion of both evergreen and deciduous *Quercus* forests, favoured by the increasing temperatures and the repeated use of fire, is also significant, as is the increase in charcoal accumulation rates in most of the deposits during this period. The Tiemblo (1,250 masl) pollen record provides the first Iberian pollen sequence undertaken within a *Castanea sativa*-dominated woodland. This sequence is the irrefutable proof not only of the naturalness of sweet chestnut trees in central Iberia, but also of the existence of well-characterised forests of this species, during the last 3,000 years at least.

The Visigothic kingdom (AD 450–711) that evolved in Hispania after the period of Roman occupation, was based on subsistence farming, and the fall of international trade eased the pressure on forest resources. However, climatic conditions changed strikingly, with the onset of the Early Medieval Cold Episode (AD 450–950), marked by lower temperatures and greater aridity. This climatic change clearly influenced the vegetation of the Iberian Central System in the Early Middle Ages, as evidenced in Somolinos, which reports an arid phase extending from the final decades of the Late Roman period until AD 700. Birch forests increase their representation in almost all the pollen records, favoured by the colder temperatures, possibly indicating a drop in the tree line in high-altitude deposits. However, lower records located at the westernmost area also display this spread in birch, like at El Payo or Maíllo. Forests also recover in the highest-altitude deposits of the Guadarrama Range, such as at Peñalara. Nevertheless, the Visigothic period was a phase of large deforestation processes, within a clear livestock-oriented pattern, although cropping continues. Forests were cleared to obtain new pastures, and new lands were brought into cultivation, in a period of rural habitat proliferation and land exploitation led by peasantry.

These forest clearances were mainly carried out by means of fire. This is reported in low-altitude deposits like Maíllo, Lanzahíta (fig. 5-top), Peña Negra and Rascafría, following the trend set by the Romans, but is apparent more strongly in higher altitude records, like Serranillos, Redondo, Fuente del Pino Blanco, Labradillos, Ojos Albos, Fuente de la Leche (fig. 5-bottom), Pozo de la Nieve and Somolinos. This is likely related to grazing activities (high values of anthropozoogenous taxa and coprophilous fungi), in order to preserve upland pastures, but also to bring new lands into cultivation, as part of new, expansive and dynamic farming strategies. Nonetheless, some extension of olive

and sweet chestnut groves is detected, especially on southern slopes. The presence of cereal pollen declines. However, rye, a cereal better adapted to low temperatures, appears on several sites during this period, like Ojos Albos or Peña Negra, pointing to increasing human pressure on the environment.

Until the effective political possession and colonisation of the Iberian Central System by the northern Christian kingdoms ca. AD 1080, this massif acted as a borderline between Muslim and Christian powers for several centuries (ca. AD 711–1100). This was also a time of climatic transition, between the Early Medieval Cold Episode and the Late Medieval Warm Episode (ca. AD 950–1350), the latter characterised by similar temperatures to the current regime, moderate rainfall, but a marked dry period from the 9th to 11th c. AD At high-altitudes sites in western areas of the massif, an initial phase of forest recovery (birch, alder and deciduous oaks) is recorded ca. AD 700–950 in Charco da Candieira and Redondo, as a result of a decline in livestock and farming activities. At this time, heathlands and grasslands decreased, as well as anthropozoogenous taxa, and there is no evidence for olive or sweet chestnut cultivation. The same situation is documented on the southern slopes of the Gata Range in the El Payo sequence. Conversely, at low-altitude sites in the western Gredos Range (Peña Negra), grasslands spread again by means of fire, in order to sustain the increasing livestock population. Differences between both slopes are evidenced in the Francia Range, where the Maíllo northern record shows the dominance of birch forests, while heathlands are widely spread on the southern slopes, as recorded in the La Meseguera deposit (900 masl).

A similar picture is documented in the central Gredos Range, at high-altitude sites such as Ojos Albos, Fuente de la Leche, Pozo de la Nieve and Serranillos, ca. AD 680–1010, where high-mountain pine forests recover thanks to a cooler and drier climate. There is little evidence of anthropozoogenous taxa, coprophilous fungi, or olive cultivation, and there are low values of charcoal. In contrast, in the low-altitude pollen records of the southern slopes of the Gredos Range, such as at Lanzahíta, *Pinus pinaster* increase considerably, as well as *Cistus ladanifer*, while anthropogenic taxa (*Olea*, pyrophilous fungi and macrocharcoal) levels decrease ca. AD 710–1120. High-altitude pollen records from the Guadarrama Range, such as Peñalara, show a very clear human impact, through both the increase in anthropozoogenous taxa and decreasing tree cover. In the Lozoya-Paular valley, the Rascafría record shows a significant increase of *Plantago lanceolata* type ca. AD 800–1000, as well as a decline in tree cover ca. AD 895–1170. The historical data for this period (AD 711–1100) fully corroborate the presented palynological data. They describe an economic

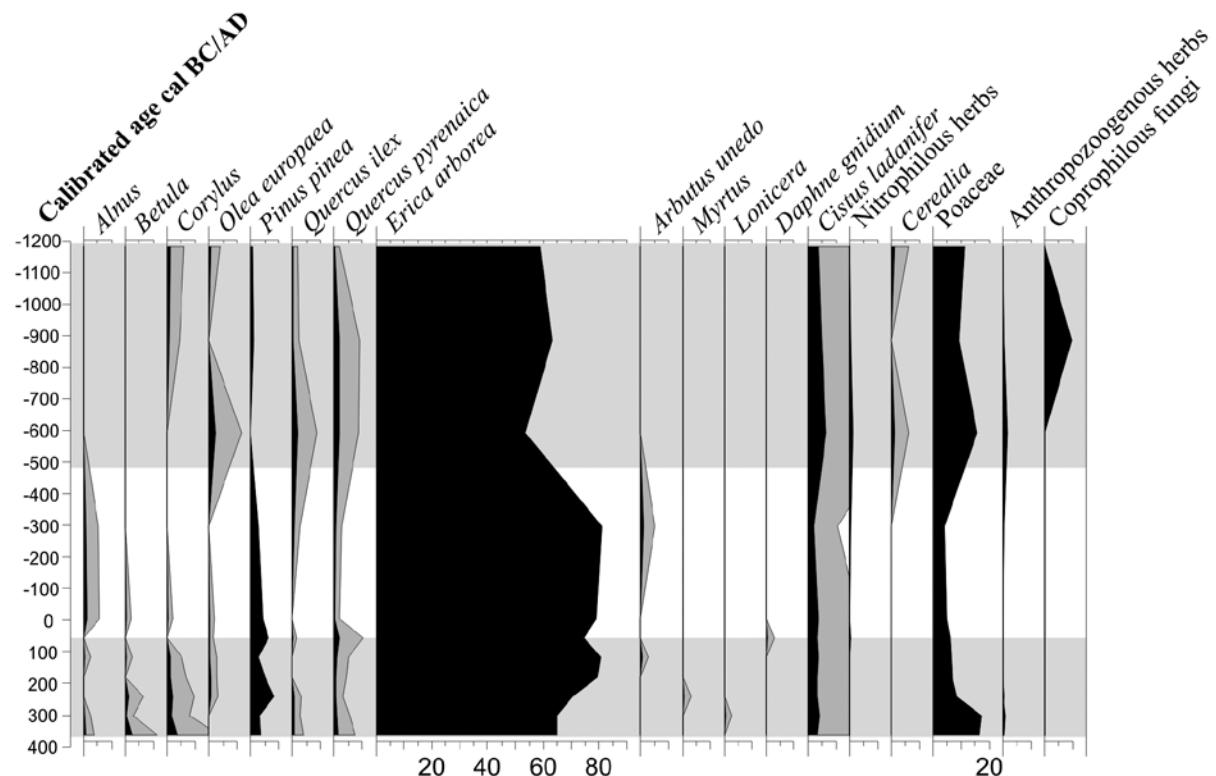


FIGURE 6 Percentage pollen diagram of Patateros peat bog (selected pollen and non-pollen palynomorph taxa). The grey bands represent the different phases described in the text.

model based on livestock grazing and small subsistence crops, managed by relatively self-sufficient peasants, in central and western areas of the Iberian Central System, in a sparsely populated land, denser on mid-altitudes than on valleys or high-altitudes.¹⁷ In the Guadarrama Range, in contrast, the settlements were mostly located in the river valleys, while in the mountains a very large number of watchtowers were built in order to guard the mountain passes.¹⁸

After this initial phase of forest recovery, forest clearance is continuous around high-altitude deposits *ca. AD 950*. This could be related to a seasonal exploitation of these areas, within a transterminant-type model. Deposits located at lower altitudes show a different pattern. Livestock intensification does not involve a broad clearance of forested areas, neither the use of fire, but a recovery of pine woods and oak forests in fact. This is possible thanks to pasture management, especially by means of irrigation in previously deforested areas, like Peña Negra or Rascafría. Fire and grazing indicators provide a bigger signal too, especially *ca. AD 1000–1100*, pointing to slightly more intense human pressure on the environment in La Meseguera in the Francia Range. Crops also improve slightly during this phase, helped by the milder climatic conditions of the Late Medieval

Warm Episode. Olive and, to a lesser extent, sweet chestnut groves, grew in almost all sites, as did cereal crops, especially at the transition to the new millennium, as detected in Ojos Albos, where *Cerealia* and *Secale* increase their percentages.

Southern Plateau (sites 33–34)

Located in the La Mancha Plain, the Tablas de Daimiel pollen record¹⁹ comes from a core taken from a wetland area at 605 masl. Between 300 BC–AD 1000 the landscape appears to be dominated by grasslands and hydro-hygrophytic taxa, while forest formations (evergreen oak woodlands and sparse Mediterranean pines) are always very scarce, with the latter even declining from *ca. AD 950*. Evidence of anthropisation is confirmed throughout the sequence, especially *ca. 300 BC–AD 250*, whereas pastoral pressure is more evident *ca. AD 250–1000*.

The Patateros peat bog pollen record (700 masl) is located at the northern edge of the Toledo Mountains.²⁰ This sequence is unique because throughout its temporal development, the local vegetation has always been dominated by a shrub community of: *Erica arborea* type, *Cistus ladanifer*, *Myrtus*, *Lonicera* and *Daphne gnidium* type (fig. 6). There is little arboreal pollen, with low

¹⁷ Blanco-González *et al.* (2009).

¹⁸ Jiménez and Rollón (1987).

¹⁹ Gil-García *et al.* (2007).

²⁰ Dorado-Valiño *et al.* (2014).

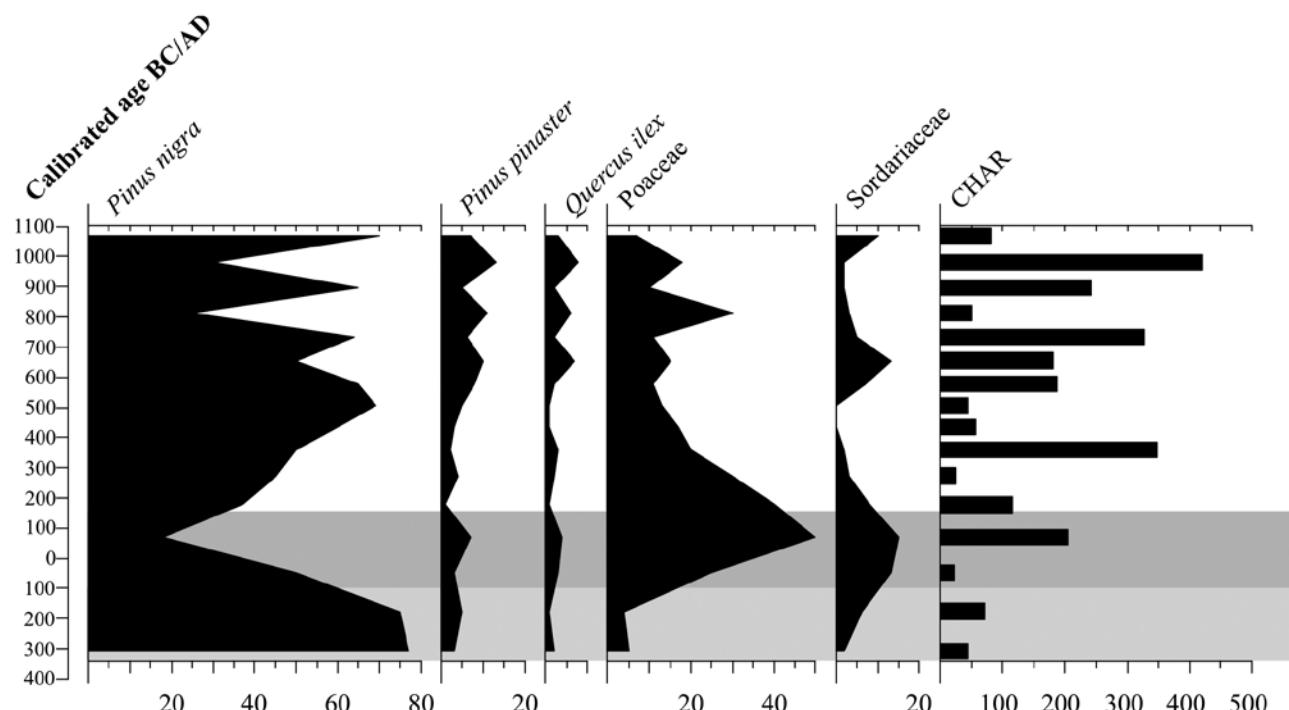


FIGURE 7 Percentage pollen diagram of Siles lake (selected pollen and non-pollen palynomorph taxa, charcoal accumulation rate-CHAR). The grey bands represent the different phases described in the text.

values of *Quercus pyrenaica* type, *Q. ilex* type and *Pinus pinea* type; while *Corylus* and *Betula* are only present ca. 400–50 BC. Between 50 BC–AD 1200, local vegetation shows a greater representation of *Cistus ladanifer*, Poaceae, and nitrophilous and anthropozoogenous herbs; *Olea europaea*, *Cerealia* and coprophilous fungi show higher values ca. AD 500. This suggests the development of agricultural and livestock activities in the Early Middle Ages.

Southern Iberia

Baetic Mountains (sites 35–39)

Within this study area, available palaeoenvironmental data come mainly from the south-eastern part: the Ojos de Villaverde wetland; Cañada de la Cruz and Borreguil de la Caldera peat bogs; and Siles and Gádor lakes.²¹ Between 400–100 BC the overall pattern of the regional landscape corresponds to high-mountain pine forests accompanied, at lower altitudes, by deciduous and evergreen *Quercus*, *Pinus pinaster* and mesophilous taxa (*Betula*, *Corylus*).

In the Ojos de Villaverde (870 masl) and Siles (1,320 masl) pollen records (Segura Mountains), mountain pine forests (*Pinus nigra* type) decrease abruptly ca. 100 BC–AD 150, and Poaceae becomes dominant

during the Roman period. Significantly, maximum values of Poaceae coincide with a remarkable increase in coprophilous fungi (Sordariaceae) percentages, suggesting an increase in grazing in the lakes' surroundings. These findings are associated with a recurrence of anthropogenic fires (an increase in the charcoal accumulation rate) that leads to a gradual disappearance of the forest cover (fig. 7). Later, the period AD 150–1100 is characterised by rapid alternances of *Pinus nigra* type and Poaceae, related to frequent fire events, anthropogenic disturbance (mainly grazing pressure) and regional aridity. The Ojos de Villaverde record points to local deforestation and the expansion of pasture plants and arable agriculture, at least from AD 350, while the Siles record shows the existence of arable agriculture (*Cerealia*, *Vitis*) from AD 550. Documentary evidence is scarce, but it is clear that agricultural practices existed during the Roman period, and an important urban expansion had already taken place by the Islamic period, when the flanks of the Segura Mountains were dotted with a string of villages practising irrigation, separated by large areas of pasture.²² In the same mountain range, the Cañada de la Cruz (1,595 masl) record only begins to show evidence of human impact ca. AD 1000, probably indicating that economic activities were more important at lower altitudes.

Further south, in the Gádor Range, the pollen record from Gádor lake (1,530 masl) also shows the dominance

²¹ Carrión *et al.* (2001a); Carrión *et al.* (2001b); Carrión (2002); Carrión *et al.* (2003); Ramos-Román *et al.* (2016).

²² Carrión *et al.* (2001a).

of a pine forest here until AD 330, in a context of progressive aridity. Later, *Pinus* decreases, while Poaceae, *Juniperus* and *Lygeum* become more frequent, as well as Sordariaceae, *Polygonum aviculare* type and *Riccia*, suggesting a substantial increase in pastoral pressure. Microcharcoal particles are especially abundant, reaching maximum values ca. 150 BC–AD 350 during the Roman period. In the Sierra Nevada Range, the pollen record from Borreguil de la Caldera (2,992 masl), unlike previous examples, and due to its location at a much higher altitude, documents the co-dominance of grassland communities and pine groves (probably *Pinus sylvestris*) in highland mountain areas, until 200 BC. Between 200 BC–AD 1000, pine forests are progressively reduced as a result of the pastoral pressure (an increase of *Sporormiella* and *Sordaria* values), while in the valleys olive and chestnut cultivation begins.

Guadalquivir Basin (site 40)

In the south-central area of southern Iberia, a key pollen record is available from the Zoñar lake,²³ located at 300 masl in the southern margin of the Guadalquivir river basin. From AD 180–935, the regional vegetation comprised evergreen *Quercus*, Mediterranean pines, junipers, and some thermophilous elements, such as *Olea europaea* var. *sylvestris*, *Pistacia lentiscus*, *Rhamnus*, *Lycium* and *Ceratonia siliqua*; while local vegetation around the lake was dominated by riparian woodlands (*Alnus*, *Fraxinus*, *Populus*, *Ulmus*). High values of *Myriophyllum spicatum*, *Botryococcus*, *Pediastrum* and Zygemataceae suggests high lake levels and meso-eutrophic fresh waters. Agricultural (*Cerealia*) and livestock activities (*Plantago lanceolata* type) are attested at this time. Later, until the 11th c. AD, a growing trend in *Olea* indicates increasing cultivation at a regional scale, as well as around the lake; while cereal recurrence suggests a period of more intense farming during the Muslim period (AD 600–1100).

Eastern Iberia

Three high-resolution pollen records are available from the north-eastern regions of the Iberian Peninsula. The palaeoenvironmental study of the Castelló lagoon (site 41),²⁴ located at the northern border of the Empordà basin, offers significant data that characterise three

phases of vegetation evolution and human impact in the Mediterranean coastal area. Between 1500–800 BC, *Quercus suber* and *Q. ilex* type percentages are fairly high, probably representing mesomediterranean oak forests with some pines in the vicinity of the lagoon system. This is additionally well-discriminated by the presence of thermophilous shrubs (*Cistus*, *Erica*, *Olea*, *Pistacia*) and halophytes (Chenopodiaceae) in a flooding phase of the lagoon by the sea, when archaeological settlements located in the floodplain were abandoned. A period of increasing human impact is recorded ca. 800–150 BC by a new development of grazing activities (maximum values of coprophilous fungi) and the recording of *Cerealia* and *Secale*. These data suggest the local presence of arable fields and moderate human pressure during the Late Iron Age, concomitant with the clearance of evergreen and cork oak woodlands, and the exploitation of littoral wetlands under lower salinity conditions. This also coincides with increasing settlement, and the onset of cultural and commercial contacts between local populations and Phoenician and Greek cultures.

The Roman period (150 BC–AD 750) appears to be a threshold phase in the landscape shaping of the coastal areas, in a gradual process of reduced marine influence with the replacement of salt vegetation by freshwater marshes, reeds and wet meadows (Cyperaceae, Poaceae). The progressive decline of tree percentages suggests woodland clearings, which are accompanied by the spread of anthropozoogenic nitrophilous grasslands and coprophilous fungi, and a more regular presence of crops (*Cerealia*, *Secale*, *Castanea*). This confirms increasing agropastoral exploitation around the lagoon, as a result of the intense rural occupation of this territory following Roman colonisation after the 2nd c. BC.²⁵ Finally, ca. AD 750–1250, agropastoral activities and the cultivation of olive trees are still documented. An important change in the vegetation composition of the Castelló record occurred ca. AD 750, namely a large-scale and long-lasting clearance of littoral woodlands and the expansion of pasturelands. This likely indicates a replacement of cork oak forests by shrublands, dominated by *Erica arborea* type and *Cistus*. This major change in land use practices correlates with the Carolingian conquest and the pioneer settling of Christian monastic communities in the area.

The above-mentioned colonisation of the frontier zone was incited by Carolingians through the *aprisio* landholding system, granting ownership of undeveloped lands to new settlers through their clearance and

²³ Valero-Garcés *et al.* (2006); Martín-Puertas *et al.* (2008); Martín-Puertas *et al.* (2011).

²⁴ Ejarque *et al.* (2016).

²⁵ Palet *et al.* (2014).

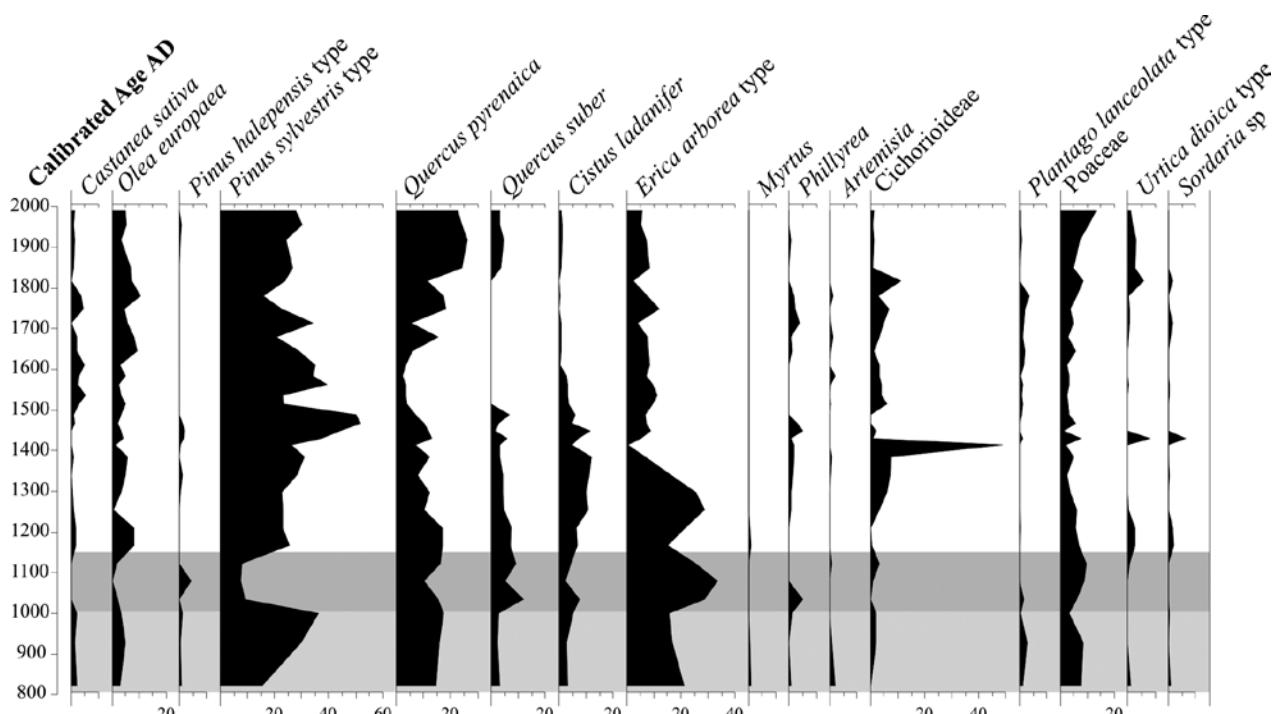


FIGURE 8 Percentage pollen diagram of Portlligat Bay peat-like deposit (selected pollen and non-pollen palynomorph taxa). The grey bands represent the different phases described in the text.

cultivation. The implementation of this system largely impacted on the Empordà basin by putting in place an generally open coastal landscape type.²⁶ Regionally, this change is confirmed by the Sobrestany lagoon's pollen record in the lower Empordà basin (site 42), where oak woodlands were cleared after the mid 7th c. AD.²⁷

In north-eastern Iberia, on the Mediterranean coast (Cape Creus), a very interesting pollen sequence is that of Portlligat Bay (site 43).²⁸ This sedimentary record is considered to be quite unusual, as it is a peat-like deposit derived from the accumulation of the below-ground dead parts of the marine phanerogam *Posidonia oceanica* through the last 4,500 years. Between AD 800–1000, the combined presence of *Quercus pyrenaica* type and *Q. suber* suggests a relatively open oak wood with cork oaks (fig. 8). The low percentages of *Pinus halepensis* type could be a sign of a short period of development of the coastal meso-Mediterranean pine forest in the area. At this time, chestnut tree (*Castanea sativa*) was cultivated. Regionally, high values of *Pinus sylvestris* type point to a wide development of high-mountain pinewoods around the central-eastern foothills of the Pyrenees. Shrub el-

ements show a remarkable importance, with *Erica arborea* type and *Cistus ladanifer* as main taxa, as well as a xerothermophilous macchia composed of myrtles (*Myrtus*), *Phillyrea* and wild olive tree pollen seen. The presence of anthropozooogenous herbs (*Urtica*, *Plantago lanceolata* type) and coprophilous fungi (*Sordaria*) is indicative of significant local livestock pressure. Unlike the two above-mentioned pollen records, in the Portlligat sequence, oak woodlands remained untouched until the 11th c. AD, stressing the complexity of landscape management in north-east Iberia. During the 11th–12th c. (AD 1000–1150), a drastic deforestation of high-mountain pine forests in the eastern Pyrenees occurred; chestnut cultivation ceased, attended by a local deforestation of oak woodlands, with a resulting proliferation of heathers. These findings are related to an increase in medieval settlement in the eastern Pyrenees, probably benefiting from the mild and humid climate, associated with the Late Medieval Warm Episode. Interestingly, this population shift towards the high areas of the Pyrenees causes local pastoral pressure to disappear.

Pyrenees

The small lake of Montcortès (site 44) is especially well-suited for high-resolution palaeoecological reconstruction due to its annually laminated sediments, which

²⁶ Chandler (2002); Ejarque *et al.* (2016).

²⁷ Parra *et al.* (2005).

²⁸ López-Sáez *et al.* (2008); López-Sáez *et al.* (2009a); Serrano *et al.* (2011); López-Merino *et al.* (2015).

extend back at least 7,000 years.²⁹ It is located on the southern flank of the central Pyrenees (1,027 masl). Its pollen record shows that the pre-feudal period (8th–9th c. AD) were characterised by the presence of well-developed pine forests (*Pinus nigra* type), while crops and weeds were almost absent. An intensification of burning practices at the beginning of the feudal period, *ca.* AD 900, led to intensive clearance of woodlands and to their progressive replacement by rye (*Secale*) and hemp (*Cannabis*) cultivation, as well as by meadows and pastures. In the nearby pollen records of the Prats de Vila (1,150 masl) and Estanilles (2,247 masl) peat bogs and Redon lake (2,240 masl) (sites 48–50), a dense forest of firs (*Abies alba*) and pines dominated the landscape *ca.* 250–50 BC.³⁰ Later, the fir forest suffered a strong regression from 50 BC, derived from the selective use of its wood in metallurgical activities, particularly during the 3rd and 4th c. AD, coinciding with the occasional presence of *Juglans* and *Cerealia*, although the pine forest remained relatively stable. Between AD 650–1150, pine and fir forests suffered a strong regression, related to the extension of chestnut and cereal crops, as well as a high pastoral pressure.

Further south, in the Pre-Pyrenees, the palaeoenvironmental record (site 47) from Estanya lake³¹ (670 masl) shows a relatively forested and well-preserved landscape of deciduous and evergreen *Quercus*, where Mediterranean pines were also an important element *ca.* 500 BC–AD 750 (Late Roman and Visigothic era). Cultivated taxa (*Olea europaea*, *Vitis*, *Cerealia*, *Cannabis*) are abundant, although the presence of nitrophilous plants is still very small, suggesting that stockbreeding and grazing were less developed. The highest values of *Cerealia* pollen are found *ca.* 50 BC, coinciding with the Roman period. In contrast, a lower-degree of anthropogenic impact is recorded at the highland locations of the central Pyrenees. Not even the Redon or Basa de la Mora³² (1,914 masl) lacustrine sequences (sites 50–51) show cultivation, stockbreeding or deforestation signals during this period, as at Estanilles (site 49). Forests were slightly reduced by means of fire *ca.* AD 750–1000 in the Estanya record (site 47), coinciding with the introduction of new crops (*Juglans*, *Secale*) during the Muslim period. Human deforestation processes have been also recognised at higher altitude in the above-mentioned

Estanilles and Redon records from AD 750, although this phase is not clearly identified in the Basa de la Mora sequence (sites 49–51).

At high-altitude sites on the northern flank of the central Pyrenees,³³ the pollen records from the Pla de Labinas (1,800 masl), Orri de Théo (1,640 masl) and Pla de Soulcem (1,520 masl) peat bogs (sites 45–46, 60) show a well-developed pine-fir forest during the Iron Age, accompanied by birches, hazel and beech. Although the anthropic use of fire is attested, its incidence in the forests was scarce. From the Gallo-Roman period (*ca.* 50 BC–AD 400), an increase in human impact is recorded by a pronounced decline in pine cover and the increase of heliophilous species, such as birch and beech, and grasslands. This process is even more evident during the second half of the Early Middle Ages *ca.* AD 400–1000, when the presence of cereal pollen is attested. The same dynamics is observed at lower altitude in the Pélissié (312 masl) and Col d'Ech (710 masl) pollen records (sites 52–53),³⁴ although with a greater amount of deciduous oak and beech forests; whereas the cultivation of cereals is attested from AD 250 and that of rye from AD 700. In the eastern Pyrenees, the Pla de l'Orri (2,105 masl) and Pradell (1,975 masl) sequences (sites 54–55) follow the same pattern mentioned above, for sites located at high altitude in the central Pyrenees.³⁵

In the western Pyrenees, pollen records from the Gabarn (310 masl), Quinto Real (910 masl), Artxilondo (950 masl) and Sourzay (1130 masl) peat bogs (sites 56–59),³⁶ show the existence of well-preserved oak and beech forests during much of the Iron Age, witnessing the cultivation of cereal in the valley areas. The end of the Iron Age and antiquity (*ca.* 150 BC–AD 400) is reflected in a spatial extension of anthropogenic activities, including woodland clearances, grazing pressure, pastureland development and anthropic fire episodes, as well as metallurgical activities (fig. 9). The steady level of *Cerealia* pollen suggests that this increase in human impact occurred at a greater scale. During the Middle Ages (*ca.* AD 400–1000) the fire regime is characterised by high fire frequencies, and a diversification in cultivated crops (the first occurrences of *Secale*), and by the expansion of husbandry activities to their greatest extent.

29 Corella *et al.* (2011); Rull *et al.* (2011); Rull and Vegas-Villarrubia (2014); Rull and Vegas-Villarrubia (2015).

30 Pèlachs *et al.* (2009); Pérez-Obiol *et al.* (2012); González-Sampériz *et al.* (2017).

31 Riera *et al.* (2004); Riera *et al.* (2006); Morellón *et al.* (2008); Morellón *et al.* (2009); Morellón *et al.* (2011); González-Sampériz *et al.* (2017).

32 Pérez-Sánchez *et al.* (2011); Pérez-Sánchez *et al.* (2013).

33 Galop and Jalut (1994).

34 Rius *et al.* (2012); Cunill *et al.* (2015).

35 Vannière *et al.* (2001); Ejarque *et al.* (2009).

36 Galop *et al.* (2001); Galop *et al.* (2002); Monna *et al.* (2004); Galop (2005); Jouffroy-Bapicot *et al.* (2007); Mazier *et al.* (2009); Rius *et al.* (2009); Pérez-Díaz *et al.* (2015).

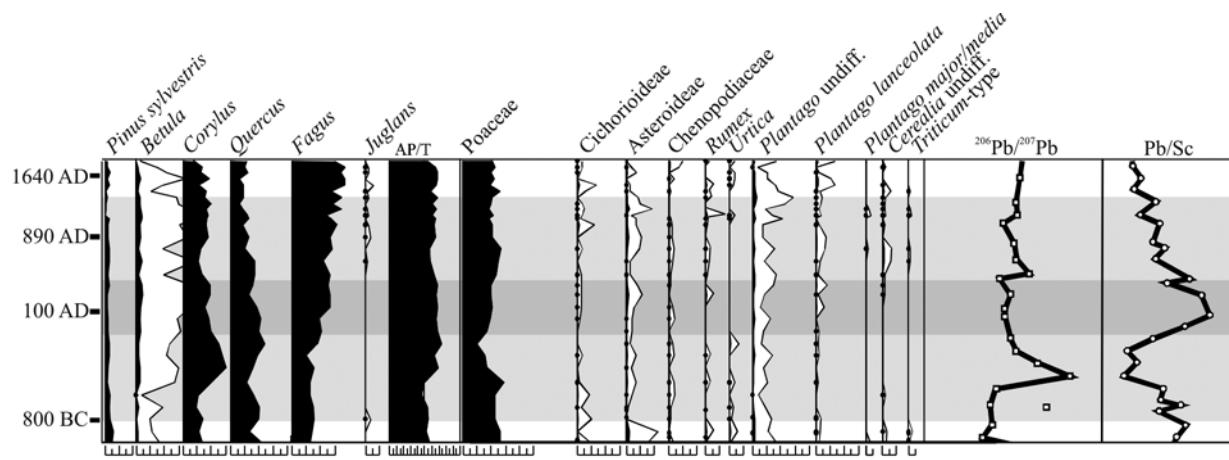


FIGURE 9 Percentage pollen diagram of Quinto Real peat bog (selected pollen taxa) with Pb/Sc and $^{206}\text{Pb}/^{207}\text{Pb}$ ratios reflecting historical mining activities. The grey bands represent the different phases described in the text.

South-Eastern France

Only two high-resolution pollen records are available from this region. The first one comes from the Palavas lagoon (site 61), located in the Languedoc under both Mediterranean and Atlantic climatic influences.³⁷ Between ca. 500–100 BC, trees dominate the pollen spectra, mainly comprising deciduous and evergreen *Quercus*, associated with *Pinus*; *Juglans*, *Vitis* and *Cerealia* are recorded sporadically during the Late Iron Age (fig. 10). Later, ca. 100 BC–AD 600, forest formations were gradually degraded, while bushes (Ericaceae) increased, with a continuation of olive cultivation throughout the period. These findings can be explained by taking into account settlement migration from the hinterland to the coastal areas; most *villae* were located in coastal plains. Finally, ca. AD 650–750, deciduous *Quercus* forest recovery appears to be occurring in the transition to the Early Middle Ages, coinciding with a gap in the archaeological record. Although later, ca. AD 800–1000, such forest is reduced again, coinciding with greater agricultural and livestock activity (maxima of *Olea* and *Plantago*; presence of *Juglans*, *Castanea*, *Vitis* and *Cerealia*) and an evergreen shrubland extension, pointing to a strong human influence on the environment during the High Middle Ages.

To the east of the Palavas lagoon, the La Calade record (site 62) comes from a wetland located in the lower Rhône floodplain (4 masl).³⁸ In a first phase, corresponding to the period of Greek presence at Marseille and to the Roman empire in Provence, the sequence shows a similar vegetation pattern to that seen in Palavas ca. 500 BC–AD 600. That is a dominance of oak woodland

with Mediterranean pines, which are gradually reduced; and a cultivation of walnut, chestnut, olive, grape and cereals including rye. Cattle breeding was also practised locally, as inferred by the presence of anthropozoogenous taxa (Chenopodiaceae, *Plantago lanceolata* type, *Polygonum aviculare* type). During a second phase, forest cover recovers in the Merovingian period; although it quickly degrades again in a third phase. This is as a result of a very high pastoral pressure during the High Middle Ages, while cereals and rye are still cultivated, but with greater intensity. This phase could be related to the establishment of a monastic community (Montmajour Abbey, mid-9th c.) and to an increasing number of farmers in the surrounding area.

North-Western Africa

Rif Mountains (sites 63–66)

Pollen records from this region show the dominance of cedar (*Cedrus atlantica*) and mirbeck's oak (*Quercus canariensis*, *Q. pyrenaica*) forests ca. 1000 BC–AD 400, likely related to increasing moisture, suggested by the general sharp increase of hydro-hygrophytic taxa. This picture is confirmed by several pollen records in the western Rif Mountains (fig. 11):³⁹ Maison Forestière (1,602 masl) and Dayet M'Had (754 masl) in the Jbel Bou Hachen (sites 65–66); Aanasser (1,342 masl) in the Jbel Tizirène (site 64); and Fifi (1,200 masl) in the Jbel Khesana (site 63). At this time, agricultural activities (*Cerealia*, *Vicia faba* type) are attested. It seems that anthropogenic activities (fire and grazing) during the Phoenician

37 Azuara et al. (2015).

38 Andrieu-Ponel et al. (2000).

39 Cheddadi et al. (2015); Muller et al. (2015); Abel-Schaad et al. (2016).

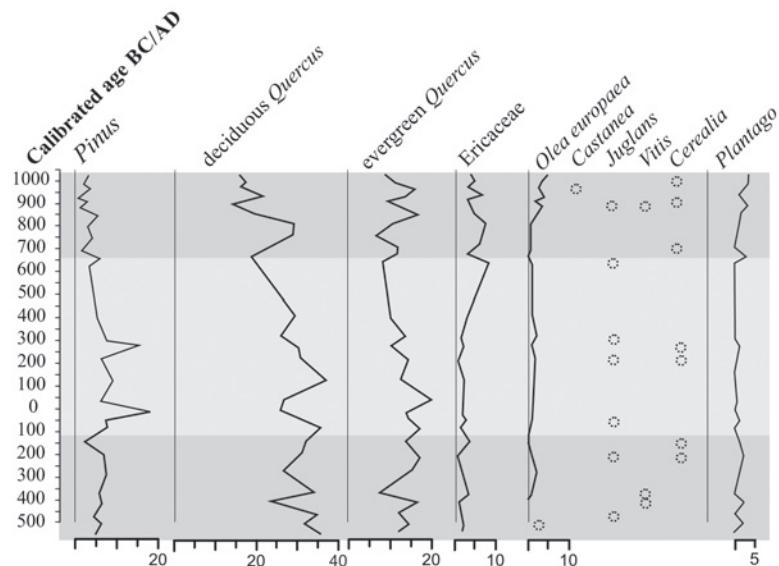


FIGURE 10 Percentage pollen diagram of Palavas lagoon (selected pollen taxa). The grey bands represent the different phases described in the text.

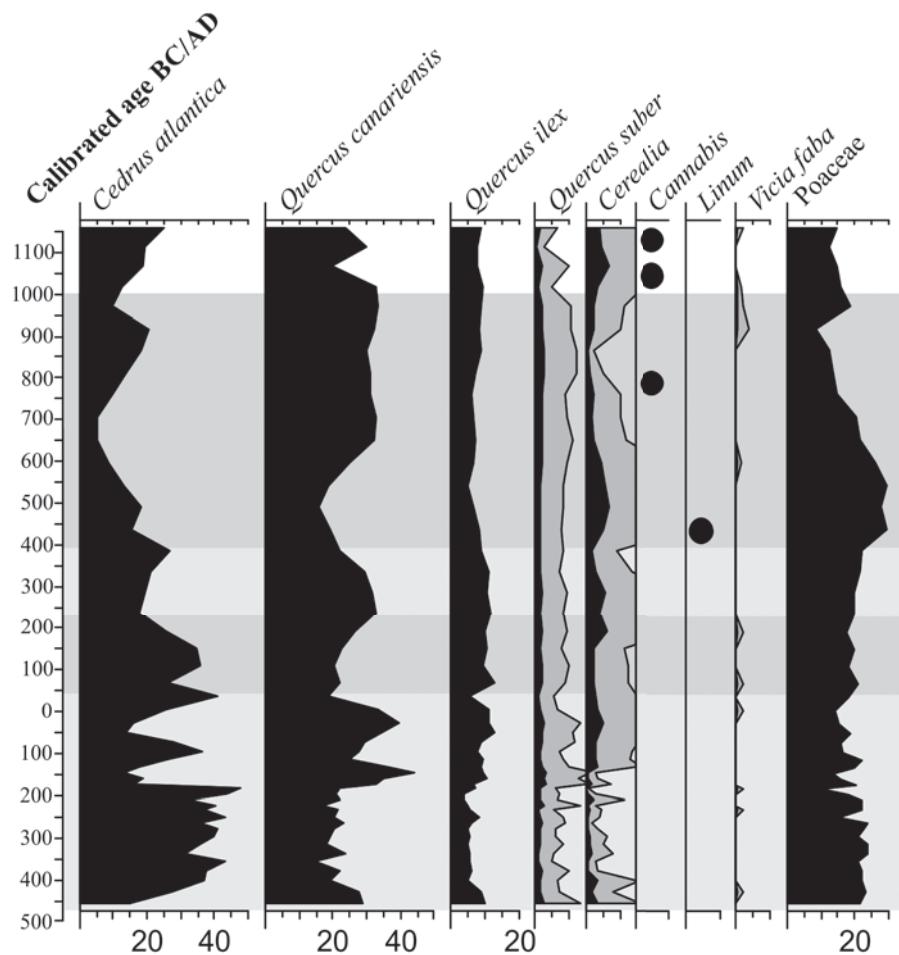


FIGURE 11 Percentage pollen diagram of Fifi wetland (selected pollen and non-pollen palynomorph taxa). The grey bands represent the different phases described in the text.

period *ca.* 1000 BC–AD 50 did not impact greatly on a well-developed mirbeck's oak-cedar forest.

The further clearance of *Quercus canariensis* forests *ca.* AD 50 coincides with the development of cork oak and holm oak woodlands (*Quercus suber*, *Q. ilex*) at lower altitudes, and with the beginning of cedar decline. This period corresponds to the Roman colonisation of northern Morocco, and to the foundation of the Roman province of Mauretania Tingitana (AD 40). The area of modern day Morocco remained a part of the Roman empire until AD 429, when Vandals displaced Romans. After *ca.* AD 500, the Rif remained occupied by the indigenous Berber inhabitants and the Byzantines, until the arrival of the Arabs in AD 681. This set of events gave rise to a remarkable phase of deforestation, which took place in the western Rif Mountains *ca.* AD 400–700, carried out by fire, leading forest levels to their minima, while grasslands and shrublands spread. Later, *ca.* AD 700–1000, humid conditions, shown by a rise in aquatic taxa, allowed forests to recover, especially *Quercus canariensis/pyrenaica* and *Q. suber* ones, while *Cedrus* always remained at a significant percentage. The absence of coprophilous fungi points to scarce grazing activity. Cereal and bean cultivation continued, with the first occurrences of *Linum* (AD 400) and *Cannabis* (AD 750). At later dates (AD 900–1300), the cedar progressively declined, until it disappears in the Maison Forestière sequence *ca.* AD 1050.

Middle Atlas Mountains (sites 67–70)

Four high-resolution pollen records are available from lakes located in this area,⁴⁰ in the present-day cedar-holm oak woodland. These are Taguelmam n'Harcha (1,640 masl), Tigalmamine (1,626 masl), Tifounassine (1,913 masl) and Sidi Ali (2,080 masl). At Tigalmamine, before 200 BC, pollen spectra are dominated by the *Quercus ilex* type, *Cedrus atlantica* and Poaceae. However, from that date on, a slow decline in forest formations began, parallel to a greater abundance of anthropozoogenous herbs, showing that pastoral pressure was responsible for such a decline. At Taguelmam n'Harcha, forest clearance and grazing became more intense *ca.* AD 300, when the presence of cultivated cereals is detected. At Sidi Ali and Tifounassine there is some weak evidence for human impact *ca.* 1000 BC, but it seems that anthropogenic processes became evident only *ca.* 400–200 BC. This evidence for landscape anthropisation results from the Roman expansion into the Middle Atlas, as Roman populations settled the town of Volubilis, near Meknes.

Discussion and Conclusions

Palynological investigations of human impact in the mountains of north-western Morocco suggest that human use of forest resources was less drastic prior to the expansion of the Roman empire. However, pollen data show a regression of forest taxa *ca.* 200 BC in the Middle Atlas and *ca.* AD 50 in the Rif Mountains, which suggests an increase in the human use of high-altitude forests from the Roman period. The contemporaneous vegetation disturbances recorded in the Middle Atlas and the Rif Mountains resulted from large-scale anthropogenic forest disturbances, which nevertheless appear very weak in comparison to those occurring at the same time in south-western Europe. Indeed, the activities of Roman/Romanised populations triggered, almost everywhere in south-western Europe, dramatic deforestations, accompanied by severe ecosystem modifications.⁴¹ In the south-east of Iberia, several records from the Baetic Mountains demonstrate the millennial persistence of pine forests until 100 BC, as well as a drastic deforestation of these during the Roman period *ca.* 100 BC–AD 150, linked to an increase in pastoral pressure and the occurrence of anthropic fires. A progressive decline in tree cover during the Roman period has also been documented in the northern Iberian plateau and south-eastern France.

In the Iberian Central System, at the time of the Late Iron Age (*ca.* 400–50 BC), anthropic dynamics had different impacts on each mountain range considered here. Within the Vettolian region, forests are well-developed both in highland and lowland areas. Within the Carpetanian region, high-mountain forests are also well-developed, but the lowlands, especially easternmost ones, evidence a phase of socio-cultural change. This is shown by an increase in the number of settlements, territorial reorganisation and new land use systems, resulting in a deforested landscape with evidence for both grazing and farming activities. During the Roman period (*ca.* 50 BC–AD 450), large-scale deforestations resulted in open landscapes characterising lowland areas, as a consequence of the intensification of human activities, like cropping, grazing, mining or forestry. However, anthropogenic dynamics in the highlands was different in each area of the massif, and was connected to mining (western areas) or greater settlement (eastern areas), while the Gredos Range (central area) was hardly altered at all, due to its inaccessibility.

The decline of western Mediterranean forests, although initiated during the Roman era, really began several centuries later. In the Baetic Mountains, from

⁴⁰ Lamb *et al.* (1989); Lamb *et al.* (1991); Lamb and van der Kaars (1995); Lamb *et al.* (1999); Cheddadi *et al.* (2015).

⁴¹ López-García (1994); De Beaulieu *et al.* (2005); Blondel (2006).

the Roman period until the 10th c. AD, the vegetation shows an alternating dynamic, related to livestock activities and fire events. Evidence of agriculture is initially detected *ca.* AD 350 at low altitude, and then at higher altitude *ca.* AD 550. At higher altitudes, human impact is only evident from *ca.* AD 1000. In the north-eastern regions of Iberia, from the Iron Age to the end of the ancient period (1500 BC–AD 750) human settlement and agropastoral exploitation of wetland ecosystems responded to natural coastal dynamics.

During this period, human land uses produced a limited impact on the lagoon landscapes, that were dominated by evergreen and cork oak woodlands. In contrast, societies become a major agent of landscape transformation *ca.* AD 750–1250, actively controlling the lagoon dynamics and resources. Evidence for this can be seen in the degradation of coastal forests and the expansion of agricultural and livestock activities from the 8th c. AD. In the lowlands of the southern Pyrenees, pollen records show a strong deforestation phase of the pine forest from AD 900, linked to the cultivation of hemp and rye. Pollen data from south-eastern France show a period of widespread deforestation at the beginning of the Middle Ages *ca.* AD 800–1000, after an earlier, limited recovery of the forest *ca.* AD 650–750. In the Rif Mountains, pollen records suggest significant deforestation *ca.* AD 400–700 during the period of Byzantine dominance. The disappearance of evergreen oak woodlands on the northern Iberian plateau is attested *ca.* AD 400. Deforestation during the Germanic era, also represented a tipping point in the history of mesophilous forests in the northern Iberian mountains *ca.* AD 450–700. In the lowlands of the Cantabrian Range, the Middle Ages led to the onset of a gradual but permanent deforestation. Previously forested areas in northern Iberia were occupied by heathlands and grasslands.

At the beginning of the Middle Ages, the intensity of human impact on the environment increased notably *ca.* AD 450–700 after the collapse of the Roman system in the Iberian Central System and the Toledo Mountains. This is documented by large deforestation processes at high altitudes, and by a rise in anthropogenic pollen indicators. This is within a clear livestock-oriented pattern, although new lands were brought into cultivation with the onset of the Early Medieval Cold Episode (AD 450–950). An initial phase of forest recovery (birch, alder and deciduous oaks in western areas; pine in central and eastern areas) is recorded in high-mountain environments from AD 700–950, as a result of a decline in livestock and farming activities, while agropastoral pressure increases at low altitudes. Then a new phase of forest clearance takes place *ca.* AD 950–1100, related to transhumant movements and the milder weather conditions of the Late Medieval Warm Episode (AD

950–1350). In the lowlands, livestock intensification did not involve a broad clearance of forested areas, only some diversification in crops.

Landscape clearance after *ca.* 150 BC–AD 300 does not have to be primarily determined by increased human impact; a climatic explanation is also plausible. In fact, pollen data from the Baetic Range document an increasing trend in dryness from the Mid Holocene, as shown by the progressive decrease in tree species (mainly pines) and the increase in xerophytes, such as *Artemisia*. The semi-desert expansion and high-mountain forest decline during the Late Holocene in southern Iberia could be also explained by decreasing summer insolation.⁴² One of the most conspicuous features of the Zoñar pollen record is the succession of wet and dry conditions at a centennial-scale, generally synchronous with rapid climate changes that occurred in the Mediterranean basin during the Late Holocene. Arid phases are identified prior to 950 BC, in the Roman period from 150 BC–AD 150, and AD 800–1300.⁴³ The second phase coincides with documented deforestation processes in the Gádor, Segura and Sierra Nevada ranges, mediated by a higher incidence of forest fires. More humid conditions occurred *ca.* AD 150–350 during the later Roman empire. This period coincides with a recovery in high mountain pine forests throughout the whole of the Baetic Mountains, as well as with the first evidence for agriculture there.

It is interesting to note that the most important recorded landscape changes in the western Mediterranean region coincide with the lower temperatures and greater aridity of the Early Medieval Cold Episode (AD 500–900); although such changes are even more evident with the onset of the Medieval Climate Anomaly (MCA) (AD 900–1350).⁴⁴ In Mediterranean Iberia, the MCA was a period characterised by decreased lake levels, more xerophytic and heliophytic vegetation (*Juniperus*, *Artemisia*), and a low frequency of floods, suggesting warmer yet still arid conditions.⁴⁵

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⁴² Jiménez-Moreno *et al.* (2015).

⁴³ Martín-Puertas *et al.* (2010); Martín-Puertas *et al.* (2011).

⁴⁴ Morellón *et al.* (2011); Morellón *et al.* (2012); Blanco-González *et al.* (2015).

⁴⁵ Morellón *et al.* (2012); Moreno *et al.* (2012); Roberts *et al.* (2012); González-Sampériz *et al.* (2017).

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